



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	GEORGE WASHINGTON CARVER MIDDLE SCHOOL / 6071
Principal:	ILIANA ARTIME
Phone Number:	305-444-7388
School Wellness/Healthy School Team Leader:	SHELTON RIVERS
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> ✓ Ms. Sellem ✓ Ms. Rivera (Cafeteria Manager) ✓ The Green Club (includes parents and students) ✓ Dr. Garcia ✓ Ms. Mustelier
Committee Meeting Dates:	The committee works in conjunction with the Green Club (meetings are weekly).
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> ✓ Promote the free breakfast ✓ Encourage good, healthy eating habits ✓ Eliminate the sale of salty/sugary foods on campus ✓ Promote drinking water by maintaining clean vertical retrofitted water fountains <p>Physical Education:</p> <ul style="list-style-type: none"> ✓ Fitnessgram testing for all students enrolled in Physical Education ✓ Encourage students to participate in middle school athletics <p>Physical Activity:</p> <ul style="list-style-type: none"> ✓ After school walking group (faculty and staff)

	<p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> ✓ Start a community /school garden ✓ Tree planting (reduce greenhouse gas emissions) ✓ My Salad Project (Ms. Mustelier’s students) ✓ Recycling <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> ✓ Encourage families to take advantage of the School-Based Health Services (complete consent document)
<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> ✓ Share tables in the cafeteria (redistribute food rather than discard it) ✓ E-Waste Collection Drive ✓ Battery collection ✓ Recycling
<p>Community Engagement:</p>	<ul style="list-style-type: none"> ✓ Green School Challenge (Dream In Green club) ✓ Fairchild Challenge participant – Educator Challenge: Seeding The Future); Miami, My Garden – Gardens On the Go; Curious Creators; Native Plant Network (Pollinator Garden); Million Orchid Project (Habitat Hotspots); Growing Beyond Earth ✓ Beach Clean-up (Ms. Mustelier’s club)
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> ✓ Continuously promote the free breakfast initiative ✓ Weekly watering / maintenance of community/school garden
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	

